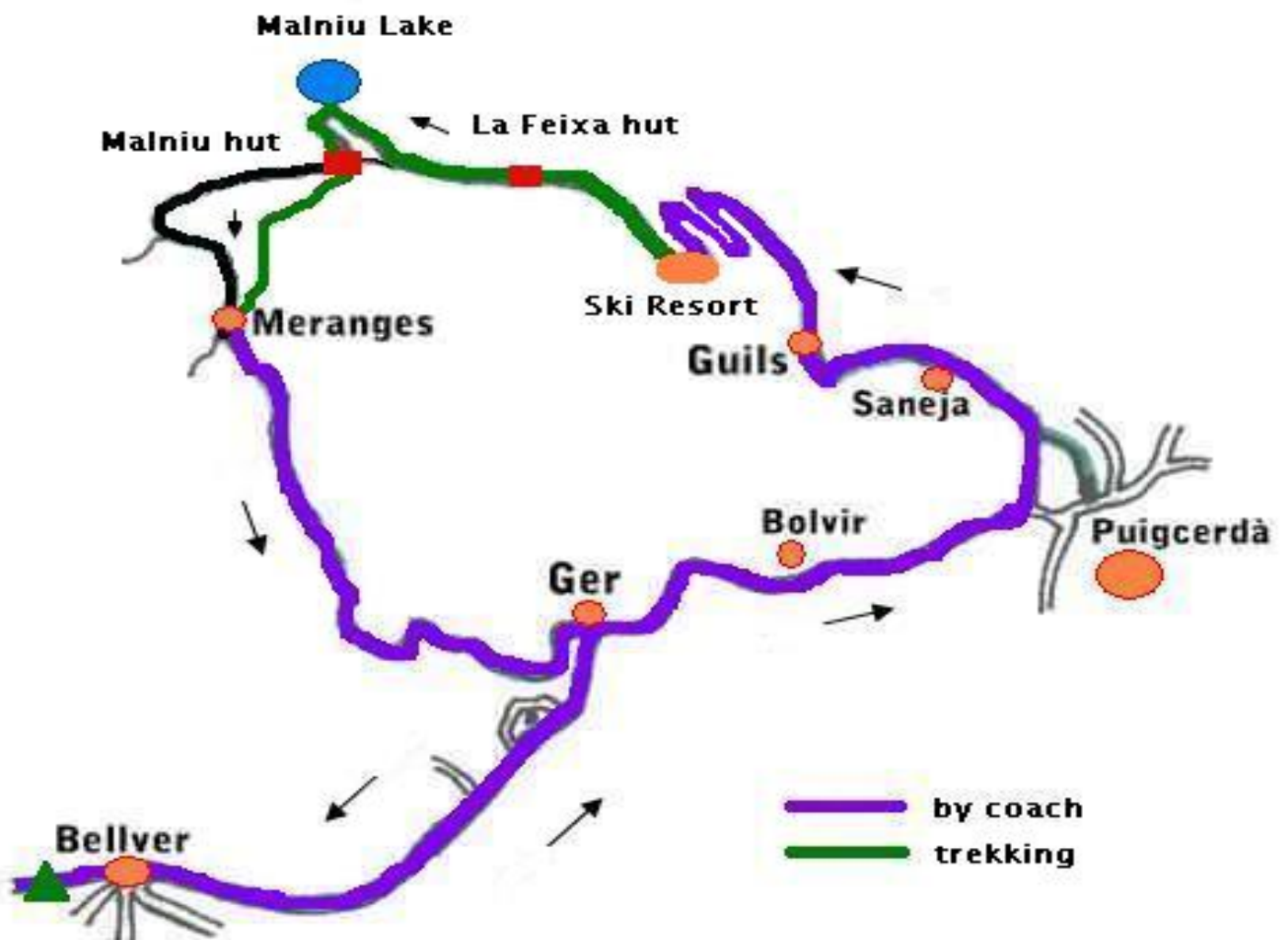


# TREK ROUTE MALNIU – ESC 2005



Distance	Elapsed time	Altitude	Trek point
-	-	1050m	LA SOLANA CAMP SITE
30 km	1h	1900m	GUILS FONTANERA SKI RESORT
4 km	1h 15'	2160m	LA FEIXA MOUNTAIN HUT
4 km	1h 15'	2260m	MALNIU SMALL LAKE
2 km	30'	2129m	MALNIU MOUNTAIN HUT
6 km	2h	1540m	MERANGES VILLAGE
20 km	40'	1050m	LA SOLANA CAMP SITE